

CURRICULUM FOR SUPERVISED PRACTICE

COMMUNITY (200 hours/ 8 weeks)

Competency/Objectives	Planned Experiences (Didactic and Practice)	Evaluation Strategies
OUTPATIENT CLINIC/ GROUP AND INDIVIDUAL COUNSELING AND EDUCATION (100 hours)		
NUTRITION SERVICES/ HEALTH AGENCIES (100 hours)		
Orientation of the facility	<p>Review specific mission/goals of the organization.</p> <p>Discuss nutritional services provided and target group served by organization.</p> <p>Review administrative and program components.</p> <p>Observe function of the nutritionist in the agency.</p> <p>❖ Submit a report summarizing agency's function</p>	Evaluated by DI Director.
CD4. Perform self-assessment, prepare a portfolio for professional development, and participate in lifelong learning activities	<p>HNS 720X: Seminar in Nutritional Practice- Developing a Professional Portfolio</p> <p>❖ Assemble portfolio throughout DI experience including selected assignments.</p> <p>❖ Complete self-assessment evaluations for all rotations</p>	Portfolio evaluated periodically by DI Director
CD6. Use current technologies for information and communication activities (perform)	<p>Search Internet for web sites that can provide helpful materials for developing nutrition education material.</p> <p>Use desktop publishing software to develop a</p>	Evaluated by DI Director

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CD7. Supervise documentation of nutrition assessment and interventions	<p>nutrition education brochure.</p> <p>Discuss documentation procedures with preceptor</p> <p>Review examples of client charts and documentation methods</p> <p>Observe preceptor document nutrition care.</p> <p>Document care/education provided for at least one client</p>	<p>Evaluated by preceptor</p>
CD8. Provide dietetics education in supervised practice settings (perform)	<p>Observe counseling session by preceptor.</p> <p>In presence of preceptor provide nutrition education using appropriate counseling techniques.</p>	<p>Preceptor will evaluate effectiveness of nutrition counseling using evaluation from and give intern feedback.</p>
CD9. Supervise counseling, education, and/or other interventions in health promotion/disease prevention for patient/clients needing medical nutrition therapy for uncomplicated instances of common conditions, e.g., hypertension, obesity, diabetes, and diverticular disease	<p>Readings: Practitioner counseling skills in weight management. Laquatra, I & Danish S., Chap 14, In Dalton (ed) Overweight and weight management: the health professional's guide to understanding and practice, 348-371.</p> <p>Counseling the Patient, Ch.7 in Zeman & Ney's Applications in Medical Nutrition Therapy.</p> <p>Provide nutrition counseling to patient prescribed a therapeutic diet using appropriate counseling techniques and assessing patient's comprehension.</p>	<p>Preceptor will evaluate effectiveness of nutrition counseling using evaluation from and give intern feedback.</p>
CD10. Supervise education and training for target groups	<p>Develop lesson plan with learning objectives and evaluation strategy.</p>	

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	<p>Present a group education class and evaluate comprehension.</p> <p>Analyze results.</p> <ul style="list-style-type: none"> ❖ Submit summary report. 	<p>Preceptor will evaluate effectiveness of group counseling using evaluation from and give intern feedback.</p>
<p>CD11. Develop and review educational materials for target populations (perform)</p>	<p>Develop nutrition education goals and objectives.</p> <p>Review printed materials, perform needs assessment (what content area needs to be covered)?</p> <ul style="list-style-type: none"> ❖ Develop nutrition education brochure and evaluation tools. <p>Pilot test brochure to determine comprehension.</p>	<p>Evaluated by preceptor and DI Director</p>
<p>CD12. Participate in the use of mass media to promote food and nutrition</p>	<ul style="list-style-type: none"> ❖ Develop posters and flyers to promote health day. ❖ Write an article for local newsletter highlighting programs or special events planned by the site. 	<p>Evaluated by preceptor and DI Director</p>
<p>CD30. Supervise nutrition screening of individual patients/clients</p>	<p>Observe nutrition screening activities performed by dietitians and dietetic technicians.</p> <p>Complete initial nutrition screening, including collection and analysis of objective and subjective data from medical record, patient and health care personnel for at risk patients.</p>	<p>Evaluated by preceptor</p>
<p>CD31. Supervise nutrition assessment of individual patients/clients with uncomplicated instances of common medical conditions, e.g.,</p>	<p>Review medical record and other medical information, obtain diet, medical, social history from client. Perform nutritional assessment: review chart,</p>	

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hypertension, obesity, diabetes, and diverticular disease	medication, laboratory data, nutritional history, anthropometric data, diagnostic procedure results and other relevant information on patients with common medical conditions. Interpret information and document.	Evaluated by preceptor
CD33. Design and implement nutrition care plans as indicated by the patient's/client's health status (perform)	Document results of the nutritional assessment and the nutrition care plan using approved format. Include recommendations for change in diet order, lab values, education, and referrals to other professionals when indicated and follow up care.	Evaluated by preceptor
CD34. Manage monitoring of patients'/clients' food and/or nutrient intake	Evaluate effect of nutrition intervention by means of assessment of patient compliance and tolerance to diet, improved laboratory values and other indicators. Adjust nutrition care plan based on the data collected. Document in patient's chart.	Evaluated by preceptor
CD39. Refer patients/clients to appropriate community services for general health and nutrition needs and to other primary care providers as appropriate (perform)	Discuss referrals typically made with preceptor. Refer clients to nutrition resources as needed. Document referrals made in clinic chart. Preceptor co-signs all documentation.	Evaluated by preceptor
CD40. Supervise screening of the nutritional status of the population and/or community groups	Review agency procedure for nutrition screening of groups and discuss with preceptor. Identify group served and criteria for screening, pull 50 charts, collect data on whether criteria has been met and submit a report identifying the most common conditions identified in your analysis that indicates subjects eligibility for assistance. ❖ Submit report	Evaluated by preceptor and DI Director
CD41. Conduct assessment of the nutritional status of the population and/or community groups	During health fair, conduct general assessment of participants, height, weight, body measurements, skinfold measurement, food frequency assessment/24	Evaluated by preceptor

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CD42. Provide nutrition care for people of diverse cultures and religions across the lifespan, i.e., infancy through geriatrics (perform)	<p>hour recall comparing with general guidelines.</p> <p>Complete hours at WIC, HIP or senior centers in urban setting. Conduct interviews, nutritional assessment and counseling to culturally diverse individuals.</p> <p>Investigate a culture or religious group represented in the clinic. Research specific dietary habits and identify possible nutrition problems if applicable. Develop handouts tailored to this population.</p> <p>❖ Submit project.</p>	<p>Evaluated by preceptor and DI Director</p>
CD43. Conduct community-based health promotion/disease prevention programs	<p>Develop and conduct health promotion program through the Department for the Aging or the Department of Health.</p> <p>❖ Write summary report.</p>	<p>Evaluated by preceptor and DI Director</p>
CD44. Participate in development and evaluation of a community-based food and nutrition program	<p>Discuss program development and evaluation project with preceptor. Take part in the development and evaluation of project.</p> <p>❖ Write summary report.</p>	<p>Evaluated by preceptor and DI Director</p>
CD45. Supervise community-based food and nutrition programs	<p>Supervise meal served as part of community food program, considering quality/quantity served, conform to menu, program requirements and nutritional guidelines.</p> <p>❖ Write report and recommendations</p>	<p>Evaluated by preceptor and DI Director</p>
CD46. Participate in coding and billing of dietetics/nutrition services to obtain reimbursement for services from public or private insurers	<p>HNS 721: Seminar in Clinical Applications of Nutritional Research. Understanding Nutrition Reimbursement: How to bill insurance companies for nutrition services.</p> <p>At outpatient center discuss billing guidelines of the site. Participate in coding and billing with the</p>	<p>Evaluated by preceptor</p>

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❖ These assignments must also be submitted to the DI director.